

## What is a Blood Test?

A blood test is when blood is taken from your arm.

- 1 You go to the desk to tell them you have come
- 2 You might have to sit and wait
- 3 You will walk into the collection room and be asked to sit in a collection chair
- 4 The nurse will ask your name and when your birthday is and will tell you what will happen
- 5 You will put your arm on the side of the chair with your hand facing up
- 6 A cord is put around the top of your arm
- 7 You may be asked to open and close your hand, to make a fist. Your arm will be cleaned with a cotton ball. This is cold and wet.
- 8 A needle is put into your arm. It might hurt.
- 9 Blood will go into the tube
- 10 The needle is taken out. It might hurt
- 11 The cord will be taken off your arm
- 12 A cotton ball is put on your arm with sticky tape

A bruise can develop where the needle was, but this goes away. It might also be sore.