













What is a Blood Test?

A blood test is when blood is taken from your arm.

1	You go to the desk to tell them you have come	
2	You might have to sit and wait	
3	You will walk into the collection room and be asked to sit in a collection chair.	
4	The nurse will ask your name and when your birthday is and will tell you what will happen.	
5	You will put your arm on the side of the chair with your hand facing up.	
6	A cord is put around the top of your arm.	
7	You may be asked to open and close your hand, to make a fist. Your arm will be cleaned with a cotton ball. This is cold and wet.	
8	A needle is put into your arm. It might hurt.	

9	Blood will go into the tube.	
10	The needle is taken out. It might hurt.	
11	The cord will be taken off your arm.	
12	A cotton ball is put on your arm with sticky tape.	

A bruise can develop where the needle was, but this goes away. It might also be sore.