

Located at the Mater Hospital, Potter Building, Annerley Rd, **South Brisbane** 61-07-31632412 qcidd@uq.edu.au



April—June 2012

Our aim is to improve the health and wellbeing of adults with an intellectual or developmental disability in Queensland, through multi-disciplinary research, education and clinical practice.

QCIDD CLINIC UPDATE

Dear QCIDD Supporters,

Hello and welcome to the April to June edition of QCIDD's newsletters!!

The QCIDD team is very excited to announce that we have opened a Twitter account!!

If you are also on Twitter why not "Follow" us to receive up to date information as it arrives, also see the new ideas, research and interesting facts about our work!



Our waiting list for the clinic is fast approaching 2013, Prof Lennox is booked until Oct, Dr Lane August, Dr Eastgate Sept, and Dr Franklin Feb 2013. Don't let this stop you from sending in a referral or requesting appointments, our clinic is still experiencing a high demand for service.

If you have any queries about the QCIDD Clinic please phone us on (07) 3163 2524 or email Julie on j.gibson2@uq.edu.au

ACCORAS



Electronic health records are an important improvement to the Australian health system.

ACCORAS, formally known as the Brisbane South Division of General Practice, is one of twelve sites around the country helping shape the future of a national program to introduce eHealth records. Their goal is to aid both health professionals and the general public in its transition to and adoption of eHealth initiatives and services, so the benefits of technological advancements in the healthcare setting can be experienced. They are, under the guidance of the National eHealth Transition Authority (NEHTA) working with general practices to get them 'eHealth ready' before the national launch, by registering them with the Medicare Healthcare Identifiers Service and preparing their clinical data for the PCEHR system. The team is also hosting information sessions with schools, community groups and organisations.

They provided funding for QCIDD to address the following research questions on their behalf:

- 1. What are the barriers and facilitators for the uptake of eHealth records by people with intellectual disability and their families or substituted health decision makers?
- 2. How can the registration process be improved to maximize the inclusion of people with intellectual disability and their families or substituted health decision makers?

We recruited people with intellectual disability and their families and carers who are users of the QCIDD Clinic, and following the interviews, wrote a report of findings to ACCORAS.

We welcome that ACCORAS actively commissioned research to learn about the views of people with intellectual disability. People with intellectual disability, and their families and carers are experts in their own lives, and are best placed to inform us about what they need to feel able and equipped to opt-in to the eHealth Network.

We would like to thank the participants of this study for their valuable time and contributions. Based on interviews with these individuals, we have a better understanding of how to improve eHealth Network recruitment processes for people with intellectual disability. We hope that the findings outlined in this report go some way to improving the lives of people with intellectual disability, by improving their access to this valuable health system initiative.

If you are interested in seeing a copy of this report, please email OCIDD.

QCIDD's Newest Team Member!!

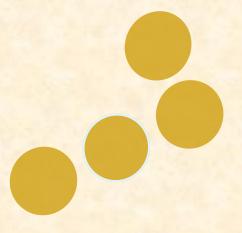


Cindy is the newest member of QCIDD, joining the team in January 2012. Cindy has worked, and continues to work on a part-time basis as a Psychologist for the Department of Communities, Disability and Community Care Services (DCCS), providing behaviour support to adults with an intellectual disability. Cindy's role at QCIDD includes the development of a clinical service for adults with an intellectual disability as well as engaging in research and providing education and training to the sector.

But we are sad to see Erin leave us



Erin Mallon worked on the Hip-Aus Project recruiting participants and working with QCIDD on a number of other projects. The Hip-Aus Project derives from the Passports to Health Project and it now focuses on health outcomes and health service utilization among adult ex-prisoners in the two states that hold 44% of Australia's Indigenous prisoners. A part of the work will explore the prevalence of people with intellectual disability in prisons and being released from prisons. Erin worked with the Passports Project in the School of Population Health as a Research Assistant inter-viewing ex-prisoners.



Up Coming Events

Sexual health checks and adults with intellectual disability will be held on the 4th May (Caboolture).

These are full day workshops (9am-3pm) with strategies to assist service providers to learn more about communicating and teaching about sexuality, with ideas to use in their workplace. Contact Rachel Hanrick or visit web site http://www.fpg.com.au/event cal.php for more information.

<u>Grief and Loss over life time for people with disability</u>, Friday 18th May, 10-3pm, Suite 5, Level 4, Lutwyche Centro Shopping Centre, Lutwyche Road, Lutwyche. RSVP to <u>michelle.ryan@nds.org.au</u> by 14th May (please give full name, contact details, and if you have specific needs)

12th International Child Neurology Congress (ICNC), 11th Asian and Oceanian Congress of Child Neurology (AOCCN) Held at the Brisbane Convention & Exhibition Centre, Brisbane, May 27th—June 1st, visit: http://www.icnc2012.com/welcome.asp for more details.

NDS, Financial Viability and Sustainability, Rockhampton 23rd May, Cairns 24th May, Brisbane 25th May, registrations close 16th May.

NDS, Costing, Pricing & Budgeting, Brisbane 19th June, Rockhampton 20th June, Cairns 21st June, registrations close 12th June. For more information contact Michelle Ryan, NDS Business Support Officer on: email: michelle.ryan@nds.org.au phone: 07 3357 4188

Endeavour Foundation, Love in the time of randomised controlled trials.. & beyond", 8th June 730—9am Brisbane, to register visit ; speakerseries.endeavour.com.au

Reaserch Rights The conference aims to bring together people with disability, researchers, policy makers, activists, and people working in the broader disability sector to discuss and promote inclusive and participatory research. For further information please contact Michael Bleasdale 02 9370 3100 on michaelb@pwd.org.au

<u>The ultimate Autism/Asperger Syndrome toolkit</u> This exciting toolkit is suitable for people who have some understanding of Autism and Asperger Syndrome (ASD), but are looking for new intervention tools to try, or for others new to the field of ASD and needing strategies to use <u>now</u> as they grow to understand the condition. 0407 086 661 (07) 3408 6661, <u>mpaq5526@bigpond.net.au</u>

QPPD You are cordially invited to join members of QPPD in lively conversation, networking opportunities and to find out about QPPD's advocacy efforts and recent examples of the work produced by our dedicated and experienced members. Thursday 24th May 53opm, The stadium bar and grill, Petrie Terrace, RSVP 21st May.

Paradise Kids Brisbane "Blending Narrative and Art Therapy," This three day intensive training will offer participants an opportunity to put a Toe in the Water of Narrative therapy while exploring how Art can be used to complement the approach. It will focus on the intentions and assumptions underpinning narrative therapy and how workers can position the people who consult them, as the experts in their own lives. 29th, 30, 31st May 930-4pm enquiries.brisbane@paradisekids.org.au

<u>Paradise Kids Brisbane, "Playful Approaches to Grief Counselling"</u> This three day intensive workshop will give participants a 'toe in the water' experience of exploring how conversation and creative mediums such as art, yoga, meditation and metaphors such as the Tree, Teams of Life and the Heroic Journey can be used to support families through loss. The workshop will give participants an opportunity to experience the mediums themselves while gaining an understanding of post structuralist processes, such as Strengths based and Narrative therapy Approaches to conversations about loss. enquiries.brisbane@paradisekids.org.au

Asid 47th Conference 2012

7-9 November, Wellington Town Hall, Wellington, New Zealand, for more information please contact Conference Organisers on 04 562 8259, or info@asid-2012.org.nz

National Disability Insurance Scheme



Nick Lennox was honoured to speak at the NDIS Rally on Monday 30th April 12 at the Brisbane Square. His speech as provided below for those who missed it.

As Director of a centre on health and adults with developmental disability I am acutely aware of the need for improved services of people with disabilities across Australia.

The approximately 300,000-500,000 Australians with an intellectual disability die 20 years younger than the general population if they have a severe disability, and seven years younger with a mild disability.

They experience on average over 5 health condition each with half of these unrecognised or poorly managed.

This clearly not good enough.

While the reasons for this major disparity in health and healthcare are complex at their very heart lies exclusion, poverty, loss of control over their destiny and neglect. People with disabilities are often excluded by indifference or design.

In my role as a medical doctor -

I am sick of seeing people with disabilities struggle for what each of us take for granted.

I am sick of seeing families stretched beyond breaking point.

I am sick of working in such a small service that we barely $\underline{\textbf{touch}}$ the level of unmet health needs of people with intellectual disabilities.

It is time we **actually live** and **just did not talk about** a fair go for all Australians.

It is time for society to **embrace and truly ensure people with disabilities join in the life of society** beyond a notion of charity.

It is time to **foster the huge benefits people with disabilities** can bring to our society, our economy & our lives.

I salute the widespread support for the NDIS. It is beyond party politics and is an idea whose time has arrived.

I call on all sides of the political spectrum – green, red and blue - To not just commit in words to the NDIS but also back this up with a budgetary allocation to finance the NDIS for you, me and all Australians.

| QPPD has produced a booklet which has valuable information and resources to assist parents: |
|---|
| ☐ Why Inclusion can work for everyone; |
| ☐ How to choose the right school; |
| ☐ What to expect during the process; |
| ☐ Working with schools; |
| ☐ Tips on how to be a strong and effective advocate; |
| ☐ What to do if things go wrong; |
| ☐ What the law says about Inclusion; |
| ☐ and, where to go for further help. |
| Available on QPPD's website : http://www.qppd.org/ |
| |

A short message from one of our QCIDD Family Supporters,

Hi all! We have given our support to the NDIS campaign by being involved in a video. The 'Every Australian Counts' site contains information about the planned scheme and the hope that people will add their names to the list of supporters. We are forwarding to you two links, one is the video and the other is for you to show your support to the campaign if you should wish to.

The Mitchells' story http://www.youtube.com/watch?v=4j-JYSbsrMQ

Join the Campaign http://everyaustraliancounts.com.au/take-action/

QCIDD's very own Dr Margo Lane has received an excellence award!



UQ staff members and teams who have made an exceptional contribution to the University were recognised this month at the annual UQ Staff Recognition Awards.

UQ Chancellor, John Story, and Vice-Chancellor, Professor Debbie Terry, announced the winners of the three prestigious staff awards at a ceremony at the Queensland Brain Institute. The awards presented were the UQ Leadership Award, Chancellor's Award for Individual Excellence and Chancellor's Award for Team Excellence.

The Bachelor of Medicine, Bachelor of Surgery (MBBS) Program Administration Team at UQ Ipswich won the Chancellor's Award for Team Excellence.

To read the full story please visit: http://www.ug.edu.au/news/index.html?article=24438



Websites for Information on:

www.sudepglobalconversation.com.

∞ Resource kit for engaging young people with a disability

http://www.yanq.org.au/resources/3580-a-resource-guide-to-involving-young-people-with-a-disability-in-decision-making

http://www.disability.wa.gov.au/publication/healthmanagement.html

∞ ASID

http://www.asid.net.au

Disability Support Pension's False Crisis— Article

http://www.abc.net.au/rampup/articles/2012/01/12/3406656.htm

Youth Affairs Network—A resource guide to involving young people with a disability in decision making http://www.abc.net.au/rampup/articles/2012/01/12/3406656.htm

∞ Survey of Emerging Adulthood Recruitment Information

www.emergingadulthood.org

∞ electronic Therapeutic Guidelines

http://online.tg.org.au/ip/

The World Report on Disability: Implications for Asia and the Pacific 5th-6th December presentations

http://sydney.edu.au/health_sciences/disability-symposium/resources.shtml

∞ "End the Decay" The cost of poor dental health and what should be done about it.

http://www.bsl.org.au/

http://www.fpg.com.au/index.php

www.projectautismaustralia.com/education-for-autism.html

www.qai.org.au

 Understanding & Changing Behaviour "Fabic" aims to support ALL people to understand and change unwanted behaviour leading to an overall acceptance for ALL individuals in their own rightful uniqueness". visit

www.fabic.com.au

Vale Professor Jim Mansell



It is with regret and sadness that ASID notes the recent death of Professor Jim Mansell who passed away on 13 March 2012. Professor Mansell has made a significant international contribution to the field of intellectual disability and has left a considerable legacy in terms of both the body of literature that he authored (or otherwise contributed to) and the personal impact that he has had on the lives of people with learning difficulties and the community of people involved in supporting them. He has achieved this impact through his personal interactions, his research, his influence on policy development and service reform, and his role in the training and mentorship of many professionals who continue to do what they can to improve the lives of people with intellectual disability.

Reviewing Professor Jim Mansell's career in the area of learning disability (the preferred UK terminology) reveals constant threads throughout his 40 years of activity in the field. These themes are evidence based service and policy reform, championing the cause of people who are not able to effectively speak up for themselves, and a willingness to challenge authority in relation to these matters.

As a young man 18 years of age, Jim Mansell was confronted with the realities of life for people with intellectual disability after having volunteered to take a group of 'mentally handicapped' children from a long stay institution to the local cinema. He was shocked and angered at the conditions that he discovered and resolved to work towards changing things so that people with learning difficulties did not have to live in this way. Professor Mansell was involved from the early 70s in setting up some of the earliest community group homes for people with learning disabilities in the UK. He set up a group home where he and three of his fellow students shared their accommodation with five people with learning difficulties from the local institution. He was one of the key players in challenging the prevailing 'wisdom' with respect to the viability of community care for people with learning disabilities. Professor Mansell found kindred spirits and worked in partnership with other key service reform champions such as Professor David Felce in influencing service development in the UK through the 80s - a time when, through a process of institutional reform, there were 'seismic shifts' in the way in which services were provided to people with learning difficulties. This work was developed and applied to supporting people with severe challenging behaviour, demonstrating that integrated community based residential accommodation with the support of staff who knew what they were doing, was the most effective way of supporting people with challenging behaviour.

If you would like to read the rest of Professor Mansell's story, please visit : $\underline{\text{http://asid.asn.au/News/tabid/116/entryid/22/Default.aspx}}$

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Ph: 07 3844 2211 Fax: 07 3844 3400 Email: cru@cru.org.au

| | | CRU DATE CLAIMER | for 2012 |
|---|--|--|---|
| Date/Time | Event | Venue | Details |
| February 29 5.30-7.30pm | Crucial Conversation – Making Space for others to be Involved | CRU Office | Facilitated by Neil Barringham. Flyer with more details now available on CRU website. An opportunity to come together for a few hours over a drink and a light meal to discuss a topic of interest. |
| March 8 9 – 5pm | Responding Well to 'Challenging Behaviours' – Ann Greer | Riverglenn Conference Centre, Indooroopilly | Flyer with more details now available on CRU website. |
| March 12 9 – 5pm | Advocacy - Presented by Michael Kendrick and Jan Dyke. | Riverglenn Conference Centre, Indooroopilly | Flyer with more details now available on CRU website. |
| March 13 9 – 5pm | Dilemmas in Supporting Choice | SurfAir, Marcoola Sunshine Coast | One day workshop led by Michael Kendrick. Flyer with more details now available on CRU website. |
| April 27 9 – 5pm | Dilemmas in Supporting Choice | Country Comfort Motel Ipswich | One day workshop – same content as workshop above. |
| April 29 Sunday 10 – 3pm | Follow on day for past participants of previous Optimal Individual Service Design courses. | Venue to be confirmed Brisbane | More details available in March. |
| May 15 9 – 5pm | Leadership Models & Styles – Margaret Endicott | Mercure Townsville | Highly interactive workshop suitable for anyone wanting to reflect on & further develop leadership skills & frameworks |
| July 12/13 9 – 5pm | Creating an Inclusive Lifestyle through Valued Social Roles - Darcy Elks | Riverglenn Conference Centre, Indooroopilly | Using the frameworks of Social Role Valorisation, this two day event for families will explore the importance of vision and valued social roles in building inclusive lifestyles |
| July 25 5.30-7.30pm | Crucial Conversation – Topic to be confirmed | CRU Office | |
| August 27/28 | Agency Transformation | Venue to be confirmed | Michael Kendrick. Two day workshop addressing Leadership challenges in creating and sustaining personal lifestyle development. |
| September 17- 21 (1) Oct 8-12 (2) | Deep Quality – a ten day course in Optimal Individual Service Design. | Riverglenn Conference Centre, Indooroopilly | Michael Kendrick. Other co-trainers to be confirmed Expressions of Interests for the course will be called in June 2012 |
| October 31 9 – 5pm | Leadership Models & Styles – Margaret Endicott | Rockhampton Venue to be confirmed | Repeat of workshop held on May 15 |
| November 8 5.30 - 7.30pm | CRUcial Conversation Topic to be confirmed | CRU Office | |

This is not the final CRU Calendar but a date claimer for some of the workshops in 2012. More detailed flyers and updates will follow during the year and we will continue to put information on our website. For further info see www.cru.org.au



PTO

VALUES IN ACTION: SRV EVENTS 2012 REGISTRATION FORM & TAX INVOICE

Issued 20/1/12 ABN 53 781 283 376

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| l w | ould like to register | for: (please select appropriat | e box/boxes) - one per person - | |
| ΕV | ENT | DETAILS | COST (GST Inclusive) | |
| • | SRV Theory: 'Towards | Time: 9:00 am – 5:00 pm | ☐ \$250 + gst = \$275 March event | |
| | a Better Life' | RSVP date: | \$260 + gst = \$286 July event | |
| | Introductory level | 5 March & 10 July | ☐ \$90 + gst = \$99 Concession* for | |
| _ | | Coordinator: | each event | |
| H | 20 & 21 March OR | Rainer Parsons: 0400 101 211 | Request partial or full fee reduction | |
| Ш | 25 & 26 July | | (Coordinator will contact you) | |
| | CDV Theory (7 | Time: 9:00 am – 9:00 pm (12 th & | □ #250 + got = #275 | |
| | SRV Theory: '7 Themes' Leadership | 13 th), 9:00 am – 5:00 pm (12 th) | ☐ \$350 + gst = \$375 ☐ \$130 + \$13 = \$143 Concession* | |
| | level | RSVP date: 28 May | Request partial or full fee reduction | |
| _ | | Coordinator: | (Coordinator will contact you) | |
| Ш | 3 day course: 12,13,14 June | Bek Gilson: 0422 744 266 | | |
| | 12, 13, 14 Julie | | | |
| • | Advanced PASSING: | Time: 9:00am – 5:00pm; need for | ☐ \$520 + gst = \$572 | |
| • | The SRV practicum | out of hours work to be advised | \$180 + gst = \$198 Concession* | |
| | | RSVP date: 17 August | ☐ Request partial or full fee reduction | |
| Ш | 3 day course: | Coordinators: | (Coordinator will contact you) | |
| | 3,4,5 September | Yvonne Donnan 0418 125 689 & Bek Gilson 0422 744 266 | | |
| | | | | |
| | PASSING: The SRV | Time: Days 1-3: 8:30 am – mid | \$660 + gst = \$726 | |
| • | | | □ \$180 + gst =\$198 Concession* | |
| • | practicum | evening Day 4: 8:30 am – 6:00 pm | Request partial or full fee reduction | |
| • | practicum | Day 4: 8:30 am – 6:00 pm | Request partial or full fee reduction (Coordinator will contact you) | |
| | | <u> </u> | Request partial or full fee reduction (Coordinator will contact you) | |
| • | practicum 5 day course: | Day 4: 8:30 am – 6:00 pm Day 5: 8:30 am – 1:00 pm RSVP date: 8 October Coordinators: | | |
| • | practicum 5 day course: 29 October to 2 | Day 4: 8:30 am – 6:00 pm Day 5: 8:30 am – 1:00 pm RSVP date: 8 October | | |

VALUES IN ACTION: SRV EVENTS 2012 REGISTRATION FORM &TAX INVOICE



Issued 20/1/12 ABN 53 781 283 376

VENUE:

All workshops will be held at the Riverglenn Conference Centre, 50 Kate Street, Indooroopilly, Brisbane. Phone 3878 9333 or visit www.riverglenn.com.au.

ACCOMMODATION:

Rooms (including breakfast) are available at the event venue. Contact Riverglenn on 3878 9333 or visit www.riverglenn.com.au.

METHOD OF PAYMENT:

By cheque or money order. Please make cheques payable to Values in Action Association Inc.

By Direct Deposit.

Name of depositor on bank statement:

Suncorp-Metway Account Name: Values in Action Association Inc

BSB: 484-799 Account No. 0414 77931. Please use **participant** name as a unique identifier or send us advice of the deposit.

CONFIRMATION OF REGISTRATION:

You will receive a 'Dear Participant' letter with more details about the event and the venue. It is essential that you read this before the event. If you have not received this letter a week before the workshop, please contact the Event Coordinator.

CANCELLATION POLICY:

For the 5-day PASSING event if a cancellation is made:

- 3+ weeks before the event, a full refund will be given
- 2-3 weeks before the event, a 50% refund will be given

Within 2 weeks of the event, no refund will be given, however an eligible substitute may attend.

For all other events, if a cancellation is made:

- 1+ weeks before the event, a full refund will be given
- Within a week of the event, a 50% refund will be given

PLEASE SEND COMPLETED FORM (ONE PER PERSON) TO:

Values in Action Association Inc, PO Box 1247, Milton BC 4064 OR electronically complete the form and email as an attachment to viaainc@gmail.com