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THE UNIVERSITY  
OF QUEENSLAND

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Our aim is to improve the health and wellbeing of adults with a developmental disability in Queensland, through multi-disciplinary research, education and clinical practice.

## QCIDD CLINIC UPDATE

Dear QCIDD supporters,

This update is to advise you that the QCIDD Clinic has now reopened to accept new referrals. However, our clinic is still experiencing an extremely high demand for services and it is expected that you may experience a wait of up to twelve months before an appointment.

You will note that our referral process has changed slightly; all referrals will trigger a request for further information and then be considered by our clinical team before being given an appointment. We hope this will ensure a more efficient process for our service users and their families and paid carers. Please see the clinical information brochure attached for more details on our clinical services and how to refer to QCIDD.

We recognise that services within this area are extremely limited and our clinic wait time is a reflection of this limitation. We apologise for this and are actively advocating for increased services.

If you have any queries about the QCIDD Clinic please phone (07)3163 2524 or email [s.tocker@uq.edu.au](mailto:s.tocker@uq.edu.au)

Sarah Tocker on behalf of the QCIDD Clinical Team

The **Prader-Willi Syndrome** (PWS) Association of Australia Inc has a vision that society recognise, as individuals, all people with Prader-Willi Syndrome and acknowledge and supports their right to participate in all facets of community life.

For further information, go to their website:

<http://www.pws.org.au/us.html>



## Welcome to Shannon & Erin

The *Improving the health of Indigenous and non-Indigenous ex-prisoners* study will focus on health outcomes and health service utilisation among adult ex-prisoners in two states that hold 44% of Australia's Indigenous prisoners. Using an innovative combination of quantitative and qualitative interviews, detailed audit of health records and prospective record linkage, we will identify the key health needs of this highly marginalised group and recommend targets for public health intervention and policy reform to reduce the burden of disease and improve physical health, mental health and criminal justice outcomes.

A part of the work of the previous Passports Study has built on other studies trying to explore the prevalence of people with intellectual disability in prisons and being released from prisons.

This remains unknown and unclear. However, further exploration of intellectual disability will occur in this new project.



**Shannon Dias** (left) has joined us from the MARC Study (Mortality after release from custody) to be Field Coordinator for the new project over the next 2 years.

**Erin Mallon** (right) has also joined this project and she has been working with the Passports Project for the last two years as a Research Assistant, interviewing ex-prisoners. She has been brought on board to approach the same people again to invite them to take part in this next project.



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**BEST BUDDIES.**



### Best Buddies Australia Making A Difference

Best Buddies Australia is a not-for-profit organisation seeking to enhance the lives of people with intellectual disability.

We seek to create socially inclusive environments through the power of one-to-one friendships.

As an international entity, Best Buddies spans over 1400 chapters with a global reach to 40 countries.



WWILD-SVP Association Inc. and Community Living Association are working together to offer health professionals, support workers and carers an opportunity to come together to discuss and share knowledge and practice, around specific issues that people experience while supporting a person with an intellectual disability. Paperbag lunches are held bi-monthly throughout the year at the WWILD Service and include lunch. For more information please contact Victoria/Elly at WWILD.

April 28 - Young People with Intellectual Disability Transitioning from Child Safety

June 9 - Exploitation in the Community

August 11 - Relationship Practice for People with Intellectual Disabilities

October 13 - A Round-Table Discussion - Current and Emerging Issues for People with intellectual Disabilities

December 8 - Grief and Loss for People with Intellectual Disabilities

**SPONSORED BY WWILD SVP ASSOCIATION INC. & COMMUNITY LIVING  
ASSOCIATION INC.**

**TO BE HELD AT WWILD, 211 HUDSON RD, WOOLLOOWIN, BRISBANE.**

**PH- 32629877**

### **Date claimer!**

**Tuesday May 10th 2011 @ State Library, Stanley Place, South Brisbane**

**BOLD Network seminar – Contemporary issues of service provision for providing support to parents with an Intellectual Disability.** The BOLD network has been established to provide members an opportunity for networking and referral, information sharing, identification of common gaps and working together to address these, and to share stories and experiences that may otherwise be lost. The BOLD network decided to host a seminar to explore the contemporary issues of providing support to parents with an intellectual disability. The seminar will bring together a range of academics and practitioners to share their knowledge and experience of the issues facing services providers working with parents with an intellectual disability. Local and International research will be discussed and incorporated Current research The seminar will also include workshops which will look at practical ways of working with parents with an intellectual disability. Guest speakers will include Gwynnyth Llewellyn, Sandi Seymour, Morrie O'Connor.

Penrith Women's Health Centre auspiced the Looking After Me (LAM) Project – which provided educational/personal growth groups on issues relating to healthy relationships and domestic violence – targeting women with intellectual disability. One of the outcomes from the LAM project was a resource kit that contains visual aids to assist in discussing DV issues with those women. To access the various parts of the resource, enter the following URL into your web browser. You can download and save each of the documents separately. [http://](http://www.cnet.ngo.net.au/component/option,com_docman/Itemid,288/task,cat_view/gid,273)

[www.cnet.ngo.net.au/component/option,com\\_docman/Itemid,288/task,cat\\_view/gid,273](http://www.cnet.ngo.net.au/component/option,com_docman/Itemid,288/task,cat_view/gid,273)

## Ralph Brew

Coordinator: Disability Worker Education, Workforce Development & Resources Team  
Sexual Health *information, networking and education*, South Australia (SHineSA)

## Dr Chan's visit



Jeff Chan visited us to discuss his new role as Chief Practitioner with Disability Services. He is a Speech Pathologist, PhD, who worked in the Office of the Senior Practitioner in Victoria. His new role is to provide advice to state government within Disability Services in the Department of Communities, Queensland on the development of the Forensic Unit and behaviour of people with intellectual disability.

QCIDD looks forward to working with him to improve the health of people with intellectual disability in Queensland.

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## Community Resource Unit

Community Resource Unit (CRU) is an incorporated association. Its origins lie in a 1987 initiative of Queensland families, professionals and people with disabilities who recognised that legislative change was insufficient to support authentic change for people with disabilities and their families. CRU was developed to support grassroots change in Queensland.

CRU's members include people with disabilities, families and workers from the disability sector.

<http://www.cru.org.au/index.htm>

Every Australian Counts is the campaign for the introduction of a National Disability Insurance Scheme. The NDIS will revolutionise the way people with a disability, their families and carers are supported in this country.

The NDIS will be a new support system for people with a disability, their families and carers. It will transform the way services are funded and delivered, ensuring people are better supported and enabling them to have greater choice and control.

Over the next few months the Productivity Commission will report to the Government on the findings of its inquiry into a long-term disability care and support scheme.

We need every Australian to stand up and say that people with a disability, their families and carers in this country deserve better and that it's time for change. We need every Australian to say that people with a disability, their families and carers are Australians too, and that their hopes and dreams count. That they are part of our community, and that they count.

We need to show the government that there is widespread community support for change – and that the time for action has come.

On the pages of this website you can find out how the NDIS will help people with disabilities at home and at work, and the ways it will help children, families and students.

You can support the campaign, by [taking action](#) to make every Australian count.



## Dr Gillian Eastgate's latest publications

The *Australian Family Physician* issue in April 2011 has published two of Gillian's works.

*Sex and intellectual disability—dealing with sexual health issues:* Sexual health is a vital but often neglected aspect of healthcare for people with intellectual disability. It may initially be difficult for the general practitioner to raise sexuality issues with patients with intellectual disability, but there is potential for simple interventions that offer great benefit.

*Women with intellectual disabilities—a study of sexuality, sexual abuse and protection skills* (Gillian Eastgate, Mieke L Van Driel, Nicholas Lennox, Elly Scheermeyer) - Sexual abuse and abusive relationships are known to be especially common in people with intellectual disability. This study explored how women with intellectual disability understand sex, relationships and sexual abuse, the effects of sexual abuse on their lives, and how successfully they protect themselves from abuse.

Please contact QCIDD if you would like copies. [qcidd@uq.edu.au](mailto:qcidd@uq.edu.au)



## OUR LATEST COLLABORATIONS

Vol 4, Issue 1

- Professor Sylvia Rodger on the CRC on Autism
- BOLD - supporting parents with intellectual disability
- Brisbane City Council - Draft Disability Plan
- Centre of Excellence for Behaviour Support, Advisory Committee and Forum
- Communication Interest Group
- MBBS Students as Health Advocates – Endeavour Foundation & MBBS Ipswich, St Lucia
- National Disability Insurance Scheme
- Oral Health Interest Group
- QCOS Forum – Health and Disability
- Queenslanders with Disabilities Network (QDN)
- Relationships and Sexuality Disability Network
- Research Mentoring Scheme
- South West Brisbane Disability Network
- Joan James, Bachelor of Oral Health, UQ
- Epilepsy Queensland
- National Disability Services

### Social isolation

See these great reports about a

#### Social Isolation Project:

[http://www.dadhc.nsw.gov.au/NR/rdonlyres/08E45F97-0A09-4915-9FE4-AB6E1CC4243E/5388/](http://www.dadhc.nsw.gov.au/NR/rdonlyres/08E45F97-0A09-4915-9FE4-AB6E1CC4243E/5388/SocialIsolationFinalReport.pdf)

[SocialIsolationFinalReport.pdf](http://www.dadhc.nsw.gov.au/NR/rdonlyres/08E45F97-0A09-4915-9FE4-AB6E1CC4243E/5388/SocialIsolationFinalReport.pdf)

[http://www.dadhc.nsw.gov.au/NR/rdonlyres/B3DB962D-0C34-4099-AFC4-AEA23382D424/0/](http://www.dadhc.nsw.gov.au/NR/rdonlyres/B3DB962D-0C34-4099-AFC4-AEA23382D424/0/DADHCSocialIsolationProject.pdf)

[DADHCSocialIsolationProject.pdf](http://www.dadhc.nsw.gov.au/NR/rdonlyres/B3DB962D-0C34-4099-AFC4-AEA23382D424/0/DADHCSocialIsolationProject.pdf)

## Websites on sexual health

Sexual Health Needs of Young People <http://www.ldhealthnetwork.org.uk/docs/regainingfocus.pdf>

Sexual Health Policy, Strategy & Guidelines <http://www.ldhealthnetwork.org.uk/docs/sehp.pdf>

Sexuality Guidelines for LD (Wales) <http://www.ldhealthnetwork.org.uk/docs/sguide.pdf>

Intimate Personal Relationships & Sexuality Policy & Guidelines (Wales) <http://www.ldhealthnetwork.org.uk/docs/sp.doc>

Factsheet: Sexual Health and People with Learning Disabilities <http://www.ldhealthnetwork.org.uk/docs/shl.pdf>

Scottish sexual health easy read <http://www.ldhealthnetwork.org.uk/docs/ssh.pdf>

Sexual Health and Relationships <http://www.ldhealthnetwork.org.uk/docs/rreview.pdf>

Capacity to Consent to Sexual Relationships in Adults with Learning Disabilities <http://www.ldhealthnetwork.org.uk/docs/capacity.doc>

Friendships and taboos <http://www.ldhealthnetwork.org.uk/docs/fat.pdf>

Sexual Health Needs Assessment <http://www.ldhealthnetwork.org.uk/docs/shld.pdf>

Sexual Needs Assessment Report. Accessible <http://www.ldhealthnetwork.org.uk/docs/shldr.docx>

The UK Health and Learning Disability Network is hosted by the Foundation for People with Learning Disabilities <http://www.learningdisabilities.org.uk> The Foundation provides a range of development support and consultancy.

For queries relating to the UK Health and Learning Disability Network please e-mail Janet Cobb at [jcobb@fpld.org.uk](mailto:jcobb@fpld.org.uk)

# December 2010–March 2011 Presentations

April 2011

Prof Nick Lennox

*Health & healthcare for people with intellectual disability*

Office of the Adult Guardian, Brisbane

Dr Gillian Eastgate

*Sexual assault and negotiating relationships: lived experiences of women with intellectual disability*

Endeavour Foundation and Griffith University – International Symposium

Dr Gillian Eastgate

*Attitudes to sexuality in the workplace*

Relationships & Sexuality Disability Network

Miriam Taylor & Rod Mills

*Communicating with people with disability in emergency situations*

Queensland Ambulance Services, statewide training

Miriam Taylor

*Working with disadvantaged populations*

Medical students Year 3 UQ

Miriam Taylor

*Intimacy and sexuality*

Sunshine Coast Family Networks

Miriam Taylor

*Communicating with people with intellectual disability*

UQ Medical students, Ipswich

**Siblings Australia** is a unique national organisation committed to providing support for brothers and sisters of people with special needs; including disability, chronic illness and mental health issues. We provide workshops, print and web-based resources and networking opportunities for families and providers across Australia and overseas.

<http://www.siblingsaustralia.org.au/>



**Australian  
Human Rights  
Commission**

*everyone, everywhere, everyday*

The Australian Human Rights Commission works to remove barriers to equality by conducting public inquiries, negotiating disability standards and guidelines for improved access and assisting organisations to develop Action Plans to meet their responsibilities.

[http://www.humanrights.gov.au/disability\\_rights/health/index.htm](http://www.humanrights.gov.au/disability_rights/health/index.htm)