



Located at
the Mater Hospital,
Level 2, Aubigny
Place
South Brisbane
61- 07-31632412
qcidd@uq.edu.au



Jan—Mar 2015

Our aim is to improve the health and wellbeing of adults with a developmental disability in Queensland, through multi-disciplinary research, education and clinical practice.

QCIDD Clinic has moved!

From the 2nd March 2015 the QCIDD clinic has reopened in the Salmon Building.



QCIDD clinic is now located: Level 4, Salmon Building
Stanley Street South
Brisbane QLD 4101

The clinic is situated on level 4 of the Salmon Building, and is part of the Mater Young Adult Health Centre Brisbane (MYAHCB)

Entry is through the lifts next to the "Mater Florist" on the ground floor on Stanley Street

Take the lift to level 4 and turn left and proceed to the reception area

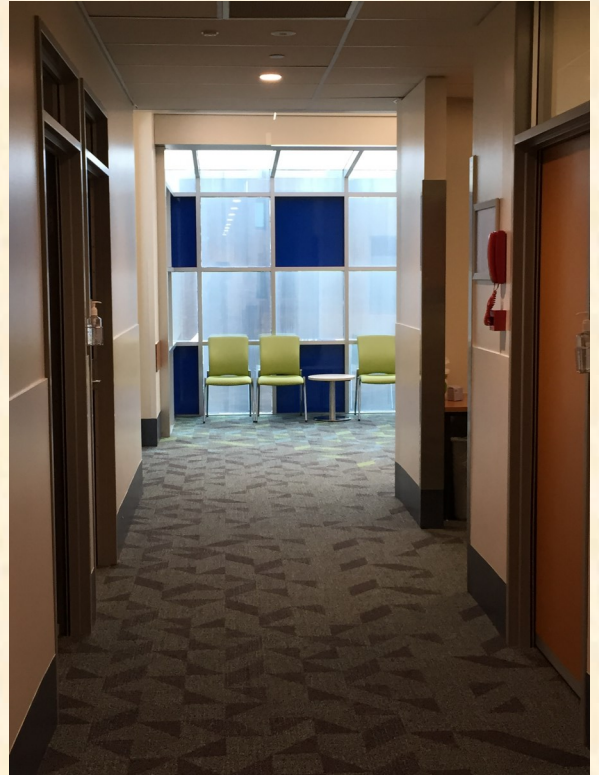
Parking is available in the disabled car park on Stanley Street (circled in yellow) or Mater Hill (water street) Car Park

Alternatively you may park on the street in metered spaces for up to two hours

PLEASE NOTE: if you have specific mobility issues, please contact the clinical coordinator, on 3163 2524 for advice/assistance. This should be done well in advance of the appointment.



A view of the clinic area



Jennifer Pratt enjoying the new clinic space



Summer Students at QCIDD

Summer Scholarship Student – Andrea An

In late November Bachelor of Science student Andrea joined us for 10 weeks to work on the project: **Co-production - Maximising self-esteem, self-worth, and autonomy**

The concept of co-production in health and social care delivery has the potential to optimise quality, relevance, accessibility and ensures maximum benefit for the individuals and communities who access the service. The concept of co-production is value driven and built on the central ethos that those who use a service are best placed to help design it. The aim of this project is to undertake a qualitative study exploring the participants, support workers and facilitators experiences, perceptions, and observations of the effectiveness of “Healthy Living” at Campbell’s Club” program as an example of co-production in action.



“Healthy Living at Campbell’s Club” is a collaborative initiative between Queensland Health, Micah Projects and QCIDD. “Healthy Living” is an unfunded project, but we are committed to providing high quality, accessible and relevant health information weekly for the attendees. Following feedback from attendees and speakers it has been identified that to ensure relevance and positive outcomes for individuals, more responsibility for the planning, development, and delivery of the “Healthy Living” sessions may be taken up by the attendees.

Student Placements

MBBS Students Wesley Boyette, Sybil Yeboah and Miranda Hann

The graduate entry Medical Program offered by School of Medicine at the University of Queensland includes an elective placement at the end of the first year of the program. This year three students joined us in January for their placement. Wesley, Sybil and Miranda were all from the Ochsner Health System in New Orleans, Louisiana. Through this program, students can experience a medical education from two world-class academic medical institutions. The US students complete their first two years at the UQ School of Medicine before returning to Louisiana to complete their program. Students attended patient visits with clinicians at the Mater and the Prader Willi clinic, with Dr Catherine Franklin. Yvette McMurtrie from Epilepsy Queensland kindly gave up her time to speak with students about epilepsy which is so common in people with intellectual disability. They were also given several opportunities to engage with people with disabilities. Special thanks must go to Rod and Helen Mills and support facilitator, Branko Funda, and to Michael Hutchinson for arranging for students to visit to Anthony and Jason at L’Arche at Alexandra Hills. They also joined Andrea at Campbell’s club when they could.



Bachelor of Oral Health Student - Shelley Dung



Because of her special interest in providing dental care to groups with special needs, second year Bachelor of Oral Health student Shelley Dung also joined us at QCIDD for her clinical placement in January. Although we were unable to provide the same level of clinical experience for Shelley as we did for the medical students, Shelley learnt much by joining Cathy at the Prader Willi clinic. She also went with Wesley, Sybil and Miranda on all their community visits. Additionally she was able to visit Common Ground and we would like to thank Natasha Rodrigues from Micah for organizing this.

As part of their student placement all students were required to undertake a research component. The medical students were all asked to search the literature for current articles and resources on dual disability to ensure our current and future resources in this area are up to date. Shelley helped to revise, update and rewrite an article on the oral health of Australians with intellectual disability.

The students all found the experience very valuable and were keen to attend anything extra that we could organise for them. After visiting L'Arche Wesley and Shelley went to see Anthony performing at Suncorp the following Saturday and as you can see from the photo he was most delighted to see them there.



Professor Nick Lennox with Andrea, Shelly, Miranda, Sybil and Wesley.



A man in a dark suit and tie is seated at a table covered with a blue cloth. He is smiling and looking towards the right. On the table in front of him is a clear glass water bottle and some papers. The background shows an office interior with glass partitions and a doorway.

Bouquet of Caring

The QCIDD's Bouquet of Caring Project is a kindness project created to bring a little sunshine to others during those challenging moments life can often bring us, or to recognise and give appreciation to those very special individuals who give so easily to others.

Katrina O'Connell, of KMO Brisbane, was nominated to receive our QCIDD Bouquet of Caring. Katrina has given QCIDD many hours of support around our website and training time beyond the call of duty! Here is a photo of Katrina O'Connell with the beautiful pink and yellow roses we sent her. Photo courtesy of her sons! Thanks Katrina, flowers are not enough, just a simple token of our deep gratitude.



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QCIDD CLINIC UPDATE

Our waiting list times for Dr Cathy Franklin should improve from March 2014 as we have a registrar attending our clinic. Until then please see below for our current waiting list times:

- Prof Lennox 4–6 months,
- Dr Gillian Eastgate 4–6– months,
- Dr Cathy Franklin 8 months.
- Dr Margo Lane will be returning to QCIDD in July 2015

If you have any queries about the QCIDD Clinic please phone us on (07) 3163 2524 or email Julie on j.gibson2@uq.edu.au.

QCIDD Family Discussion Series 2015

The “CHAP” and commonly missed health problems

Family discussion series

*****This discussion group is exclusively for family members of adults with an intellectual or developmental disability only*****

Welcome to the first in a series of discussion groups led by QCIDD clinicians that aims to increase knowledge and awareness of health and mental health issues common to people with intellectual or developmental disability. There will be opportunities for discussion and informal networking before and after the discussion.

In this first discussion we will discuss physical health problems and introduce the CHAP – the Comprehensive Health Assessment Program. This is a tool that patients, families and GP’s can use to improve people’s health care. This will be followed by a presentation on Constipation and how best to manage and prevent it!

When? Wednesday 25th March 1.30pm until 3.30 pm

Where? The Dome, situated in Mater Young Adult Health

Centre Brisbane. Level 4, Salmon Building (Formerly Mater Children’s Hospital)

Entry is through the lifts next to the “Mater Florist” on the ground floor on Stanley Street, South Brisbane
– see maps below

Program

1.30 – Welcome and mingle

2pm – Dr Gillian Eastgate – Senior Lecturer and General Practitioner with a special interest in Intellectual disability health

Light refreshments will be provided with tea and coffee

Registration is by email or phone

Email- j.gibson2@uq.edu.au

Phone - Jenny Curtis on 3163 2412.

RSVP – 19th March if possible

QCIDD Family Discussion Series 2015

**The Dome, situated in Mater Young Adult Health Centre Brisbane.
(MYAHCB)**

Level 4, Salmon Building (Formerly Mater Children's Hospital)

Stanley Street, South Brisbane



Upcoming Family Discussions Series:

Tuesday 28th April 2015 - Dr Oreste Theodoratos Psychiatric Registrar, presenting "Psychotropic Medication Session"

Tuesday 9th June 2015 - Dr Cathy Franklin Senior Lecturer/ Psychiatrist, presenting "Challenging Behaviour or Mental Illness?"

Here are some links to view at your leisure;

- New tests offer clarity for kids lacking diagnosis <http://http://www.disabilityscoop.com/2014/12/08/new-tests-clarity-diagnosis/19897/>
- Sensory rooms gaining in popularity <http://www.disabilityscoop.com/2014/12/05/sensory-rooms-popularity/19895/>
- Minorities often skipped in Autism identification <http://www.disabilityscoop.com/2014/11/14/minorities-skipped-autism/19849/>
- What is blood pressure? <http://www.disabled-world.com/artman/publish/bloodpressurechart.shtml>
- New prenatal tests called into question <http://www.disabilityscoop.com/2014/12/16/new-prenatal-question/19922/>
- Effectiveness of Cerebral Palsy treatment weighed <http://www.disabilityscoop.com/2014/12/12/effectiveness-cp-treatment/19912/>
- Increasingly, Dentists tailoring care for kids with special needs <http://www.disabilityscoop.com/2014/11/12/increasingly-dentists-care/19842/>
- Cancer drug may play role in treating Fragile X <http://www.disabilityscoop.com/2014/12/02/cancer-drug-fragile-x/19883/>
- Foetal Alcohol Spectrum Disorders may be underreported <http://www.disabilityscoop.com/2014/11/05/fetal-alcohol-underreported/19821/>
- More than 100 genes tied to Autism <http://www.disabilityscoop.com/2014/10/30/more-genes-autism/19802/>
- Trial of Marijuana—Based drug offers hope <http://www.disabilityscoop.com/2014/10/31/trial-marijuana-drug/19805/>
- Behavioural and intellectual disabilities in paediatric epilepsy <http://www.sciencedaily.com/releases/2014/12/141208152354.htm>
- Severe intellectual disability diagnosed by analysis of entire genome <http://www.sciencedaily.com/releases/2014/06/140605082952.htm>
- Blowfly cricket brings joy of sport to children with Autism, Down syndrome and Cerebral Palsy <http://www.abc.net.au/news/2015-01-07/blowfly-cricket-giving-kids-with-autism-down/6004016?section=sport>