



Located at
the Mater Hospital,
Level 2, Aubigny
Place
South Brisbane
61- 07-31632412
qcidd@uq.edu.au



THE UNIVERSITY
OF QUEENSLAND

April—June 2014

Our aim is to improve the health and wellbeing of adults with a developmental disability in Queensland, through multi-disciplinary research, education and clinical practice.

QCIDD CLINIC UPDATE

Our waiting list times to see our Psychiatrist Dr Cathy Franklin have improved as we have a Psychiatric registrar attending our clinic. Please see below for our current waiting list times:

- Prof Nick Lennox 4 months,
- Dr Margo Lane 3 months,
- Dr Gillian Eastgate 5 months,
- Dr Cathy Franklin 6 months,
- Dr Oreste Theodoratos 3 months.

If you have any queries about the QCIDD Clinic please phone us on (07) 3163 2524 or email Julie on j.gibson2@uq.edu.au.





AADDM—QCIDD Conference 2014

Health and Autism Across the Lifespan
Friday 22 August 2014

<http://aaddmqciddconference2014.wordpress.com/>

In association with the Queensland Centre for Intellectual and Developmental Disability (QCIDD), the 2014 AADDM Conference is to be held at the Mater Hospital in Brisbane on Friday 22nd August. The theme of the conference will be *Health and Autism across the Lifespan*.

Conference

Keynote Address by Dr James Morton - A father's Vision into the Future of Health Care of his Son

This address will be followed by lead clinicians discussing approaches to key physical and mental health issues through the life span. The conference will have a very pragmatic focus for clinical practice. Delegates will be Australian and New Zealand medical and allied health practitioners who are seeking ideas on how to improve their clinical services for people with Autism. There will be only one stream so that delegates can enjoy the breadth of knowledge presented during the day.

The sessions themes will be as follows:

- Medical assessment and care and psychological intervention in the first 6 years
- Health, educational and psychological management in the school years
- Integration into work + Global picture of CRC Autism
- Adulthood and complex health needs Panel discussion with scenarios
- Healthcare and growing older

The Registration brochure is attached and the preliminary program is available on the conference website:

www.aaddmqciddconference2014.wordpress.com/

Pre-Conference Workshop

Dr Kate Sofronoff - Evidence Based Interventions for Autism Spectrum Disorders in the School Years.

Thursday 21st August, 2014, 1:00-5.00pm, Hotel Diana

The workshop will take a practice focused approach and present information, evidence and resources for practitioners working with children with ASD and their families

Welcome Function

This will follow the Pre-Conference workshop at the Hotel Diana and will be open to both Conference and Workshop Delegates. It will provide an excellent opportunity to network and meet some of the speakers.

For any further information please see our website or contact Jenny Curtis on aaddm@outlook.com

What has QCIDD been up to?

Miriam Taylor (Education Coordinator), Kate van Dooren (Lecturer), and Cindy Nicollet (Behaviour Support Consultant/Associate Lecturer) recently visited Sr Regis Mary, a long time supporter of QCIDD.

Sr Regis shared stories about the beginnings of the Mater Hospital and the early days of her career as a microbiologist. Sr Regis Mary was one of the first to introduce cytogenetics into a laboratory. She also has extensive experience as an ethicist, and geneticist and was the former Director of the Queensland Bioethics Centre. She has also been the member of many Human Research Ethics Committees, the NHMRC Australian Health Ethics Committee and a member of the NHMRC Gene and Related Therapies Research Advisory panel.

We also took the opportunity to share with Sr Regis Mary the various projects that QCIDD is currently engaged in. Overall, it was a pleasant and enlightening visit which we hope to do again.

On the 19th February, Kate van Dooren (Lecturer) and Cindy Nicollet (Behaviour Support Consultant/Associate Lecturer) presented to 20 staff at Probation and Parole in Ipswich. This had been organised by Bernadette Praske (Primary Health Care Liaison Officer) Medicare Local, West Moreton-Oxley. Kate presented on research in relation to health and incarcerated, young people with an intellectual disability. Cindy discussed complex communication needs for people with an intellectual disability. The presentation was received well by those attended, with positive feedback provided to both presenters. Bernadette is working toward Kate and Cindy presenting to Probation and Parole in Inala.

One of our PhD students, Jacqui Byrne, has been chosen to be a Young Science Ambassador. Young science ambassadors make trips out to rural schools to promote science education in Queensland. They assist with delivering a 'Wonder of Science' program to build passion and enthusiasm for science and technology in Queensland's young people. Jacqui has had one trip out to Roma, where she helped Roma State School launch a 'F1' (formula one car) project, and then she assisted students with other science and technology challenges in the classroom. Jacqui will return to Roma to assist students prepare their science projects for a regional conference in Chinchilla at the end of semester.

Prof Nick Lennox with the help from NDS have launched new online courses! See more info here <http://ndshealthandwellbeing.avana.com/>



Prof Nick Lennox and Miriam Taylor with Mary McKinnon, lecturing to Year 1 Medical Students



Dr Cathy Franklin with Cindy Nicollet, presenting to Disability Services "Understanding Dual Diagnosis and Working with People with Intellectual Disability and Mental Health Issues workshop on the 26th May 2104"



Katie is doing a PhD on the relationship between social connectedness and physical activity. She wants to understand how best to improve social outcomes and physical activity for people with intellectual disability. Katie is also interested in identifying effective qualitative approaches (like interviews, focus groups) to measure the role of social support and physical activity in adults with intellectual disability.

Why would **you** volunteer to participate in a research study?

You're invited

to tell us what would encourage you to participate in research study about the well-being of people living with Autism Spectrum Disorders (ASD) and people without ASD, and the kinds of things you would like as a thank-you for taking part in a research study.

When and where?

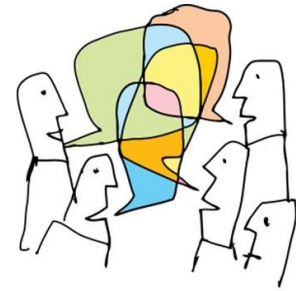
Focus group discussions will be held from **6pm to 7.30pm in May and early June 2014** at the University of Queensland, St Lucia.

Interested?

For more information or to participate, please contact:
Damian Santomauro
Telephone 0422282169
Email d.santomauro@uq.edu.au

To thank-you ...

You will receive a **\$25 shopping voucher** and we'll also provide refreshments during the session.



Who can participate?

We'd like to hear from you if you are aged 18+ and either:

1. you have been diagnosed with ASD or Asperger's Syndrome. Or,
2. you are the parent, guardian, or carer of an adult with ASD. Or,
1. you have not been diagnosed with ASD or Asperger's

Pete outside the lecture theatre, 2014

Tutor for a decade

Peter McMeekin has been one of our tutors for medical students for more than ten years! He and his support worker come along to our GP Rotation (UQ Medical year 3) lectures four times a year to share his story and ideas. The theme of those lectures is "Working with disadvantaged patients". Pete speaks with students about the time he lived on the streets, his time in an institution and how he now lives and works independently with assistance from his L'Arche community. The great thing about Pete is that he is a professional. He takes tutoring very seriously. He always arrives ahead of time, and will take any question from students, even of the most personal kind.

Our paid tutors generally speak with students about their life experiences, their disability, their specific health issues, examples of medical practice useful to them, and how practitioners can communicate better. How a person lives, what their interaction with society is, how they are supported also have an impact on patient care. Patients have a vital role in improving health practitioner skills. In having tutors with intellectual disability, students can be exposed to something that is more than theory, it is the lived experience. *Didactic teaching plus increased face to face contact with people with intellectual disabilities and other innovative teaching methods are more likely to influence attitude in future medical practitioners.*

We value our tutors and we pay them as tutors.

Nothing makes up for speaking with people who face these problems, who can tell us what it's really all about.

Thanks Pete, for your time and expertise over ten years, and for always being so willing to help us!

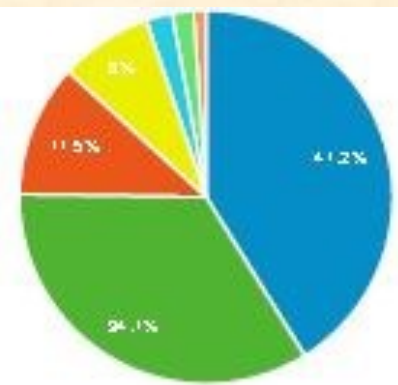


New training resources for disability support workers



• Clients of Kingfisher Adult Learning Programs (KALP) at Geebung attended the recent launch of new disability support worker training resources. The online resources are designed to teach skills which will allow support workers to better communicate with health professionals about the health needs of a person with a disability. The resources have been designed for both general practitioners and disability support workers. Pictured are KALP clients Anna Kusu, Billy Siauge, National Disability Services (NDS) Queensland state manager Jane Gelch, Kristen McLaughlin, Jason Nicol, Frank Pritchard (at back), Senator Sue Boyce, NDS regional sector development officer Catherine Goodall and Jordon Spreadborough (on floor).

	921 % of Total: 97.36% (n=46)	921 % of Total: 97.36% (n=46)
1. Queensland	379	41.15%
2. New South Wales	314	34.09%
3. Victoria	106	11.51%
4. Western Australia	74	8.03%
5. South Australia	21	2.28%
6. Australian Capital Territory	17	1.85%
7. Tasmania	10	1.09%



The Support Worker Resource website was activated on the 1st December 2013, since then, there has been 1,243 people accessing the pages!

68.9% are new visitors, and 31.1% are returning visitors.

Have you checked out the website? <http://ndshealthandwellbeing.avana.com/>

Campbell's Club

The first conversations about this happened at QHealth with Lyn Duncan in March 2012. Lyn through the *Lighten Up* program had received requests from people with intellectual disability, their families and service providers in the community, for a program on healthy living which could be understood by people with intellectual disability. So, QCIDD adapted *Lighten Up* and tried to get the idea out there. QHealth was on board from the beginning. I went out to speak with nervous potential presenters at Inala Community Centre in September, and like the professionals they are, they put their hands up to help out this vulnerable population.

Kate, Cindy and Miriam tried to sell this new program to different community organisations without luck until Micah put their generous hands up along with Centacare, and the first workshops commenced in October 2012 at Common Ground with Kate, Troy, Suanne, Bevan, Janine, Peter, Stacey, Amy and Leigh presenting, and the lovely Phyllis the chef showing how food could be much more than just filling up the stomach.

Things have come such a long way!

Troy, you are so committed to people and have taken the reins from the beginning, a wonderful organiser and motivator for mainstream services to meet the healthcare information needs of vulnerable people. You and Carmel are a wonderful team!

Congratulations to all concerned and a big thanks to Micah for their open door and generosity of time and ideas.





Sensory Movie Day



“Sensory Movie Day” was created for Families with Special Needs.
Children are free to try every seat, flap or stim, lighting stays on dim.

Fire exit doors are monitored for those escape artists.

This movie experience is a positive, non-judgemental experience.

Free membership cards are required to purchase tickets,
which can be handed out on the day of the screening.

children 2years and under are free and companion I.D. cards are accepted.

“Regarding Movies, changes are possible due to unforeseen circumstances.”

Tickets \$8 each Morayfield Birch Carroll & Coyle

Contact Chanelle Avison sensorymovieday@hotmail.com or 0422416509

“Rio 2”

2pm Sunday 27th July

“The Muppets Most Wanted”

2pm Sunday 17th August

“How To Train Your Dragon 2”

2pm Sunday 14th September

“Tinkerbell The Pirate fairy”

2pm Sunday 26th October

“Planes Fire & Rescue”

2pm Sunday 16th November

Santa & Mrs Claus

Sunday 7th December

Up coming events:

Thursday 4th September 2014
2:00pm - 6:00pm

Russell Strong Auditorium
Princess Alexandra Hospital
Ipswich Road
Woolloongabba



Professor David Rutlands
Director of the Centre for
Advanced Imaging (CAI)
at the University of
Queensland



Professor Nick Laxton
Director University of
Queensland's Centre
for Intellectual &
Developmental Disability
(QCID)

Epilepsy and intellectual/ developmental disability: the keys to successful management



- Managing complex epilepsy in people living with intellectual disability
- SUDEP
- Practical care of people with epilepsy including administration of Midazolam
- How to prepare for the NDIS




www.epilepsyqueensland.com.au

pp positive partnerships
Supporting school age students on the autism spectrum

FREE two day workshop and information sessions for PARENTS/CARERS of school age students on the autism spectrum

Workshop: 2014QLDPC3 Location: Brisbane Central

The Positive Partnerships initiatives have been developed and delivered by Partnerships between Education and the Autism Community (PEAC) and funded by the Australian Government Department of Education, through the Helping Children with Autism package.

What will you learn?

As a result of participating in the workshops and information sessions as parents/carers you will gain:

- a greater understanding of the impact of autism on your child, both at school and at home
- knowledge about how to develop effective parent, school and teacher partnerships
- specific strategies on how to:
 - advocate for your child
 - support your child's participation at school
 - develop an awareness of ongoing learning needs
- information about your local school system's processes
- opportunities to network and share strategies with other parents/carers and key community members
- opportunities for discussion around a range of topics relevant to students with an ASD and their families

Some key community representatives that support families living with autism will be identified and invited to participate in the workshop with a view to supporting a community focus beyond the workshop.

Workshop details

Venue: Riverglenn
70 Kate Street, Indooroopilly QLD 4068

When: **Two day workshop – Tuesday 22 & Wednesday 23 July 2014**
Day 1: 9:00 am - 4:30 pm (Registration from 8.15 am)
Day 2: 9:00 am - 3:30 pm

Registration opens Tuesday 10 June 2014 and closes 2 days prior.
 Registration may stay open until one day before the workshop if spaces are still available, but we strongly recommend that you register as soon as possible.
 You will receive a confirmation of your registration.
 Online registrations preferred: please go to the website www.positivepartnerships.com.au.

Only complete the following form if you do not have access to the internet and fax or mail to:
 Fax: 02 9451 9661; Mail: Positive Partnerships, ASPECT, PO Box 361, Forestville NSW 2087

Positive Partnerships Info line number: 1300 881 971

SAVE THE DATE !



Getting the Best from the NDIS -

Making it work for people with intellectual disability

August 28th & 29th 2014

Newcastle Panthers - Newcastle

Presented by
 the New South Wales Council for Intellectual Disability
 this exciting 2 day event will explore the challenges & opportunities for people with intellectual disability as the NDIS is rolled out.

Sessions will include:

- Lessons from the launch sites
- Speakers with intellectual disability & family members
- Speakers from the NDIA
- How the NDIS works with the Justice & Health systems
- Planning – so things can be better

People with intellectual disability, families, disability professionals, service providers and community members are all welcome to participate in this event.



To receive updates and to register your interest email: info@nswcid.org.au



NSW Council for Intellectual Disability

LOGAN
Entertainment Centre

BREAKING BARRIERS OPENING DOORS

Dear Service Provider,
 You are invited to present a display at the BREAKING BARRIERS OPENING DOORS EXPO.
 The Expo will be on **Date: Friday the 18th of July, 2014**
Time: 10:00 am to 1:30 pm
Address: Logan Entertainment Centre, Wembley Road, Logan Central

The Expo will include the Logan Disability Awards 2014, a Q & A forum, Entertainment, a Photography, Art and Poetry exhibition held in conjunction with the Logan City Council's Access, Equity and Inclusion Plan as well as displays by a wide range of service providers.

The cost is \$80 which includes the use of 1 table, 2 chairs and 1 back board for a display.
 Catering will not be supplied. Food and drink will be available for purchase from the Logan Entertainment Centre kiosk. A registration form is attached to this email.

To reserve a place, please return the registration to **Brenda Scheiwe** (bsche7@eq.edu.au) before Wednesday 18th June, 2014.

Please give this your consideration. We hope to hear from you soon.

Organisers:
 Glenys Rye, Community Support Officer (Red Cross)
 P: 3367 47336 E: grve@redcross.org.au
 Robert Galea, General Manager (First)
 P: 3382 6923 E: robert@firstserviceinc.net
 Robyn Masters, Community Development Officer (Logan City Council)
 P: 3412 5324 E: robynmasters@logan.qld.gov.au
 Maria Sales, School to Work Transition Officer – Marsden State High School,
 P: 3299 0524 E: msale1@eq.edu.au
 Mary Shepherd, School Transition Officer (Education Queensland)
 P: 3380 1141 M: 0408 736 215 E: mshep20@eq.edu.au
 Brenda Scheiwe, School Transition Officer (Education Queensland)
 M: 0407 014 251 E: bsche7@eq.edu.au

Here are some links to view at your leisure;

- * Free Medicine List for Smart Phones! <http://www.nps.org.au/topics/how-to-be-medicinewise/managing-your-medicines/medicines-list/medicinelist-smartphone-app>
- * For the Disability Advocacy Resource Unit Update visit <http://www.daru.org.au/resource/advocacy-sector-conversation-forum-1-podcast>
- * Have you heard of Group 61? *“Group 61 is a voluntary, not for profit organization devoted to mental health. They currently operate from the Sunshine Coast to the Gold Coast as far west as Ipswich, with their office in Brisbane. The purpose is to enable fullness of life through friendship with people affected by mental health issues. A Volunteer Support Person is assigned to a person affected by mental health issues (friend). The volunteer takes his/her Friend for a morning or afternoon outing each week. It is a continuing relationship which builds friendship; trust grows and healing happens.”* There is plenty more information on their website, view it here <http://group61.org/>
- * Accessing high quality healthcare for people with disabilities—The challenges of the NDIS <http://informaaustralia.wordpress.com/2014/03/24/accessing-high-quality-healthcare-for-people-with-disabilities-the-challenges-of-ndis/>
- * My Epilepsy Diary Online! <https://www.epilepsy.org.au/myepilepsydiary>
- * Tell your Premier or Chief Minister they can't mess with the NDIS [Send them an email today.](#)
- * Parkinson's Spoon. Do you have tremors in your hand? Have you seen this? <https://www.liftlabsdesign.com>
- * Dr Vinh Tran, the Managing Director from Priority Health Medical Centre is QCIDD's newest supporter! Check out his website www.gpexamsupport.com.au as he has featured Prof Nick Lennox talking about annual health assessments for adults with an intellectual disability.
- * Eastern Food Alliance, Through Holistic Educational Training Program they offer a practical working warehouse that trains the unemployed to be job-ready with new confidence, self-esteem and an eagerness to re-enter the workforce http://easternfoodalliance.org/?page_id=20
- * Have you seen our person-centred website? www.qcidd.com.au
- * What about our YouTube channel? https://www.youtube.com/channel/UCChCUpCHdvnHqAf8SBOuV_tA
- * Dive into our free online course for support workers about being a great health advocate for people with disability <http://ndshealthandwellbeing.avana.com/>
- * Brisbane Disabled Travel is a website that has resources on what to do, where to dine and stay with information on access and facilities for travellers with disabilities <http://www.brisbanedisabledtravel.com/>