

QUEENSLAND CENTRE FOR INTELLECTUAL AND DEVELOPMENTAL DISABILITY (QCIDD) CLINIC

The University of Queensland

QCIDD aims to improve the health and wellbeing of Queensland adults with intellectual and developmental disabilities through clinical practice, education, and research. Our services are designed to assist your current health practitioners and service providers.

We provide the following clinical services to patients 17 years or older:

- Comprehensive health assessments
- A mental health assessment service
- Psychology services under the Medicare Better Access Plan
- Telephone/email consultation services

Comprehensive health assessments

- Designed to provide your regular general practitioner with specialist advice.
- Provided by experienced general practitioners with a special interest in the health care of people with intellectual and developmental disability.
- Involve a thorough assessment of physical, social and mental health, usually over three one hour appointments.
- Comprehensive reports provided to your usual GP, and any other professionals or services required.

Mental health assessment service

- Focuses on mental health and behavioural issues, including a thorough review of previous diagnoses and treatments.
- Usually involves two or three 45 minute interviews with psychiatrists or senior psychiatry registrars who specialize in intellectual and developmental disabilities.
- A brief report including diagnosis, management and treatment suggestions are provided to your GP, and to other relevant specialists.

QCIDD psychology service

- Provided as part of the Medicare Better Access to Mental Health Care plan
- This applies to people who have a mental health problem (e.g. anxiety).
- Treatment may include specific strategies, interventions and positive behavioural support.
- A full functional assessment is not offered as part of this service. Referrals to other private psychologists who offer this service can be provided.
- A separate information sheet is available on the website.
- For enquiries, please contact Ms Cindy Nicollet, phone (07) 3163 2496 or by email: qcidd@uq.edu.au

Telephone/email consultation service

- Provided through QCIDD's Clinical Coordinator, Julie Gibson (Clinical Nurse).
- Information and confidential advice is provided to family members, General Practitioners, and disability and health professionals.
- Julie can be contacted on (07) 3163 2524 or by email: j.gibson2@uq.edu.au .

Who are the doctors at QCIDD?

- Professor Nicholas Lennox (General Practitioner)
- Dr Matthew Cadman (General Practitioner)
- Dr Gillian Eastgate (General Practitioner)
- Dr Cathy Franklin (Consultant Psychiatrist)
- Associate Professor David Harley (General Practitioner)
- Psychiatry Registrar

What can QCIDD Provide?

- Health assessment and review
- Advice regarding your health care
- Limited follow up as an outpatient
- Support for primary health services such as your regular GP, and other health practitioners
- Referral and advice to assist you to link with other services and health professionals
- Advocacy in the healthcare system or advice about how to get the best from the health system
- Liaison with key support services.

What can't QCIDD provide?

- 24 hour cover or general practice care
- Emergency response or crisis intervention
- In-patient assessment (our doctors do not have admitting rights to the hospital)
- Intensive follow-up
- IQ assessments
- Full functional or behavioural assessments by psychologist
- Ongoing psychiatric care

How do I make an appointment at the QCIDD clinic?

- Please send a **referral made out to Dr Cathy Franklin** from the person's General Practitioner to the QCIDD clinic by fax (Fax: (07) 3163 2445) or mail to the office:

QCIDD
The University of Queensland
Mater Hospital
Level 2, Aubigny Place
South Brisbane QLD 4101

- The clinic will send out a confirmation of your referral and a pre-appointment questionnaire to be completed. We cannot consider your referral and book any appointments until this questionnaire is returned.
- For any enquiries or if you need assistance to fill out the questionnaire please contact QCIDD's Clinical Coordinator Julie Gibson by phone: (07) 3163 2524 or email: qcidd@uq.edu.au .

Where is the QCIDD Clinic?

- Please note that the QCIDD clinic is in the Salmon Building (formerly Mater Children's Hospital) on Stanley Street, South Brisbane. Please see the map below.



Our new location is:

Mater Young Adult Health Centre Brisbane
Level 4, Salmon Building
Stanley Street,
South Brisbane QLD 4101

Entry is through the lifts next to Hudson's Cafe on the ground floor on Stanley Street.
Take the lift to level 4 and turn left and proceed to the reception area to check in.

Parking: Multi-storey parking is available at Mater Hill (Water St), Hancock St and Lady Cilento Hospital Car Parks. All of these have disabled car spaces. A disabled car space is on Stanley St (circled in yellow).
Alternatively you may park on the street in a metered park or a non metered park for up to 2 hours.

PLEASE NOTE: if you have specific mobility issues, please contact the Clinical Coordinator, on 3163 2524 for advice/assistance. This should be done well in advance of the appointment.