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Hello!

My name is Katie Brooker.

I work with the doctors at Mater Hospital.

I am a researcher. I do projects to help people be healthier.

I work at a place called MIDAS. It stands for the Mater Intellectual Disability and Autism Service.

## I am doing a project about diabetes.

- I am going to make an easy English website for people with diabetes.
- The website will teach people about diabetes.
- The website will help them to manage their diabetes.

## I am starting an advisory group for this project.

- The advisory group will help me work out what to put on the website.
- The advisory group will make sure the information on the website is easy to understand.

The advisory group will be made up of people with intellectual and developmental disability, support people and health professionals (like doctors). There will be about 10 people in the group.

As a person living with diabetes, I would like to ask you to join the advisory group.



I will meet with you around 5 times in 2021. You can chose if you would like to come to less meetings. It depends on what you want to do.

Each meeting will go for 1 to 2 hours. Or until you want to stop.

We will meet one on one. I can come to you or we can talk on the phone or on video call. You can have a support person come too.

Because of COVID the advisory group **won't** meet as a big group.

I will meet with other people on the advisory group one on one as well.

## To be on the advisory group, you have to be:

- over 18 years old;
- have diabetes; and
- have an intellectual disability, developmental disability or be on the autism spectrum

For each meeting you come to, you will be paid \$100.

If you are interested in making a diabetes website and talking to me, please let me know!

- You can call me on 3163 1983
- You can email me at <u>k.brooker1@uq.edu.au</u>
- You can ask a support person to do this for you

You can also call or email me if you have any questions about the project.

Thank you for taking the time to read my letter.

I hope you have a lovely day!

Katie

