

What is an Abdominal X-Ray?

An x-ray of the stomach or abdomen is when pictures are taken of the inside of your body. An abdominal x ray takes pictures of the structures and organs in the abdomen. When you go to get an x-ray of your stomach, this is what will happen:

1. You go the desk to tell them you have come
2. You might have to sit and wait.
3. When asked, you will need to take off your clothes and put a gown on. You may be allowed to keep on your underwear if it has no metal clips or pins on it.
4. You will walk into an x-ray room
5. The radio technician will help you to lie on your back on a table.
6. A lead screen may be placed over your pelvis to stop radiation.
7. The x-ray machine is put over your stomach. You need to lie very still.
8. You will be asked to hold your breath for 1-2 seconds. This is very important because if you move, the pictures will blur.
9. The x-ray will be taken. A beep sound may be heard: nothing touches or hurts you when the x-ray is taken. You will be asked to stand up.
10. You may be asked to stand up for another picture. Sometimes an erect film is not required.
11. You will be asked to hold your breath for just a few seconds. The x-ray will be taken.
12. You may be asked to turn around and put your arms up
13. You will be asked to hold your breath for just a few seconds. The x-ray will be taken.
14. You might have to sit and wait in the change room while the x-rays are checked
15. The radio technician or nurse will tell you that the pictures are OK. You will put your clothes back on.
16. You can then go home.