

What is an Abdominal X-Ray?

An x-ray of the stomach or abdomen is when pictures are taken of the inside of your body. An abdominal x ray takes pictures of the structures and organs in the abdomen. When you go to get an x-ray of your stomach, this is what will happen:

1. You go to the desk to tell them you have arrived.
2. You might have to sit and wait.
3. You will need to take off your clothes and put a gown on. You may be allowed to keep on your underwear if it has no metal clips or pins on it.
4. You will walk into an x-ray room
5. The radiologist will help you lie on your back on a table.
6. A lead screen may be placed over your pelvis to help stop radiation.
7. The X-ray machine is put over your stomach. You need to lie very still.
8. You will be asked to hold your breath for 1-2 seconds.
9. The X-ray will be taken. A beep sound may be heard: nothing touches or hurts you when the x-ray is taken.
10. You might have to sit and wait in the change room while the x-ray pictures are checked.
11. The radiologist will tell you that the pictures are OK. You will put your clothes back on.
12. You can then go home.