What is an Abdominal X-Ray?

An abdominal x ray is an x-ray of the stomach whereby pictures are taken of the inside of your body. This is what happens when you are going to get an x ray of your stomach:

1	You go the desk to tell them you have arrived	
2	You might have to sit and wait.	
3	You will need to take off your clothes and put on a gown on.	
4	You will walk into an x-ray room	
5	The x-ray person will help you lie back on the table	
6	A lead screen may be placed over your pelvis.	

7	The X-ray machine is put above your stomach. You need to lie very still.	
8	You will be asked to hold your breath for 1-2 seconds.	
9	The X-ray pictures will be taken. A beep sound may be heard.	
10	You may be asked to stand up for another picture.	
11	You will be asked to hold your breath for just a few seconds. The x-ray pictures will be taken.	
12	You may be asked to turn around and put your arms up.	
13	You will be asked to hold your breath for just a few seconds. The x-ray pictures will be taken.	

13	You might have to sit and wait in the change room while the x-ray pictures are checked.	
14	The x-ray person will tell you that the pictures are ok. You will put your clothes back on.	
16	You can then go home.	